



# INDIAN SCHOOL NIZWA - WORKSHEET

## ENVIRONMENTAL STUDIES CH:10 WHAT IS COOKING

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Class III Sec: \_\_\_\_

### I. Fill the blanks

- Overcooking should be avoided as it makes the food-----
- Method of cooking in which food is cooked directly on fire is called -----
- Utensils are made of -----
- Wood is used as ----- of cooking
- We eat both ----- and ----- food
- Puris and pakoras are cooked by -----
- Cooking makes the food soft and easy to -----

### II. Write the examples of each method of cooking

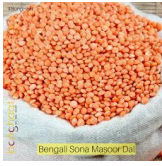
Method of cooking	Names of things	
Roasting		
Boiling		
Frying		
Baking		
Steaming		

### III. Look at the pictures and answer the following questions.





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Food that is eaten raw- .....

Food that is cooked before eating - .....

Food that can be eaten raw as well as after being cooked - .....

#### IV. Match the following

Gas stove

Sunlight

Kerosene stove

Wood and coal

Solar cooker

Liquefied Petroleum gas (LPG)

Microwave oven

Kerosene oil

Tandoor

Electricity